HAND & STONE
MASSAGE AND FACIAL SPA

Endurance Taping
MASSAGE THERAPIST

Training Sign Off Sheet

Trainee Name:_____
Trainer Name:_____
Date Started:_____

Completed

LMS Course (1 hour)

Trainer / Date

Introduction Videos (8 Min)……_____/_____
Helpful Tips Videos (6 Min)……_____/_____
Application Videos (28 Min)……_____/_____
Written Materials reviewed (10 Min)……_____/_____
Exam Completed (10 Min)……_____/_____

Practical Evaluation (3 hours)

Each application should be practice 3 times with the final application viewed by the Trainer. For best practice this should be done in groups of 3 or more. All final Taping are to be reviewed and compared to the Answer key at the end of the Lesson.

Achilles (20 Min)……_____/_____
Lumbar (15 Min)……_____/_____
Star Pattern (15 Min)……_____/_____
Shoulder (20 Min)……_____/_____
IT band with No touch Zone ……_____/_____
Deltoid(20 Min) ……_____/_____
Neck (20 Min)……_____/_____
Quad & Patellar (20 Min)……_____/_____
Plantar Fasciitis (20 Min)……_____/_____
Another Muscle of your choice (30 Min)..._____/_____

Training Completion Process: To receive your 4 NCBTMB CE Distance Learning Credits please complete the training on this form. Make sure you print and sign the certificate.

Declaration of Commitment to Standards

I _____ commit to following all guidelines and policies set in this training while working at Hand & Stone.

Signature_____ Date_____

Trainer Declaration of Training

I _____ have trained and confirmed completion of the Endurance Taping skills.

Signature_____ Date_____

Trainer's Signature:_____ ***Date:***_____
Manager's Signature:_____ ***Date:***_____